

Talent Report

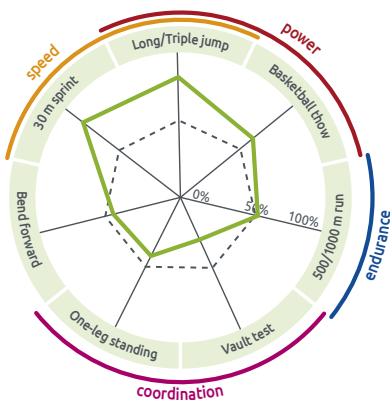
ŠTĚPÁN JAHODA

age: 6 years | location: Praha Jižní město 21.5.2017 | date: 21. 05. 2017

Discipline	Result	Skill	Evaluation <small>(levels compared to your child's peers)</small>
1. Height measurement	125 cm	height	<input type="checkbox"/> small <input checked="" type="checkbox"/> medium <input type="checkbox"/> tall
2. Capture the flag	1 points	game overview	<input checked="" type="checkbox"/> low <input type="checkbox"/> medium <input type="checkbox"/> high
3. 30 m sprint	6.6 s	speed	76 %
4. Long jump/Triple jump	130 cm	explosiveness	83 %
5. Basketball throw	3.3 m	power	69 %
6. 500/1000 m run	2 min 50 s	endurance	53 %
7. Vault test	44 s	coordination	27 %
8. One-leg standing	4 s	balance	42 %
9. Bend forward	1 cm	flexibility	44 %

Individual evaluation

— your child results
--- (average results of peers of the same age and sex)



Dominant Physical Skill

- speed
- power
- endurance
- coordination

Tactical skills

- low
- medium
- high

Comment on the result

Strength: SPEED

Speed is among the basic and most important abilities of each sportperson. It is the ability to perform physical activity (up to 20 seconds) either without resistance or with little resistance. The development of speed is one of the difficult training tasks since the ability of being fast depends on genetic predispositions mostly.

Tactical skills

Good tactical skills are necessary for sport games, where more players are on the field. You need to have good vision, good read of situation and quick decision. Tactical skills are important as well for 1 to 1 sports like tennis where is necessary to analyze position of other player and prepare how and where play to ball.

Thank you to our partners for their support

